

**Scheme of Examination**  
**&**  
**Syllabi**  
**of**  
**National Service Scheme (NSS)**  
**For**  
**Pass/General Courses**  
**First, Second, Third, Fourth, fifth & Sixth Semesters**  
**(w.e.f. 2018-19 Academic Session)**

**Maharshi Dayanand University, Rohtak**

**Scheme of Examination for National Service Scheme (NSS) w.e.f.**

**Academic Session 2018-19\***

**For Pass Course (1<sup>st</sup> to 6<sup>th</sup> Sem.)**

**Maximum Marks- 100  
Theory- 60  
Project Work-25  
Int. Assessment-15**

**B.A. (Semester-I)**

<b>Course Code</b>	<b>Nomenclature of the Paper</b>	<b>Max Marks</b>	<b>Int. Ass.</b>	<b>Total</b>	<b>Duration Of Exam</b>	<b>No. of Periods Per Week</b>
<b>NSS101</b>	<b>Basics of NSS</b>	<b>60</b>	<b>15</b>	<b>75</b>	<b>3 hrs</b>	<b>08</b>
<b>Project Work /Practical</b>	<b>Based on Syllabus</b>	<b>25</b>	<b>-</b>	<b>25</b>	<b>3hrs</b>	<b>06</b>
<b>Total</b>				<b>100</b>		

**Practical/Project Work is to be examined after each semester.**

**The course should be implemented at each semester level in the CBCS system as an open elective paper.**

**B.A. (Semester-II)**

<b>Course Code</b>	<b>Nomenclature of the Paper</b>	<b>Max Marks</b>	<b>Int. Ass.</b>	<b>Total</b>	<b>Duration Of Exam</b>	<b>No. of Periods Per Week</b>
<b>NSS102</b>	<b>Planning and Social Justice</b>	<b>60</b>	<b>15</b>	<b>75</b>	<b>3 hrs</b>	<b>08</b>
<b>Project Work /Practical</b>	<b>Based on Syllabus</b>	<b>25</b>	<b>-</b>	<b>25</b>	<b>3hrs</b>	<b>06</b>
<b>Total</b>				<b>100</b>		

**B.A. (Semester-III)**

<b>Course Code</b>	<b>Nomenclature of the Paper</b>	<b>Max Marks</b>	<b>Int. Ass.</b>	<b>Total</b>	<b>Duration Of Exam</b>	<b>No. of Periods Per Week</b>
<b>NSS201</b>	<b>Organization of NSS</b>	<b>60</b>	<b>15</b>	<b>75</b>	<b>3 hrs</b>	<b>08</b>
<b>Project Work /Practical</b>	<b>Based on Syllabus</b>	<b>25</b>	<b>-</b>	<b>25</b>	<b>3hrs</b>	<b>06</b>
<b>Total</b>				<b>100</b>		

**B.A. (Semester-IV)**

<b>Course Code</b>	<b>Nomenclature of the Paper</b>	<b>Max Marks</b>	<b>Int. Ass.</b>	<b>Total</b>	<b>Duration Of Exam</b>	<b>No. of Periods Per Week</b>
<b>NSS202</b>	<b>Disaster Management, Constitution and Rights</b>	<b>60</b>	<b>15</b>	<b>75</b>	<b>3 hrs</b>	<b>08</b>
<b>Project Work /Practical</b>	<b>Based on Syllabus</b>	<b>25</b>	<b>-</b>	<b>25</b>	<b>3hrs</b>	<b>06</b>
<b>Total</b>				<b>100</b>		

**B.A. (Semester-V)**

<b>Course Code</b>	<b>Nomenclature of the Paper</b>	<b>Max Marks</b>	<b>Int. Ass.</b>	<b>Total</b>	<b>Duration Of Exam</b>	<b>No. of Periods Per Week</b>
<b>NSS301</b>	<b>Health and Education Programmes</b>	<b>60</b>	<b>15</b>	<b>75</b>	<b>3 hrs</b>	<b>08</b>
<b>Project Work /Practical</b>	<b>Based on Syllabus</b>	<b>25</b>	<b>-</b>	<b>25</b>	<b>3hrs</b>	<b>06</b>
<b>Total</b>				<b>100</b>		

## B.A. (Semester-VI)

Course Code	Nomenclature of the Paper	Max Marks	Int. Ass.	Total	Duration Of Exam	No. of Periods Per Week
NSS302	Research and Skill Development	60	15	75	3 hrs	08
Project Work /Practical	Based on Syllabus	25	-	25	3hrs	06
<b>Total</b>				<b>100</b>		

### NSS Syllabus for Pass Course Semester-I Paper NSS101

**Time: 3 hrs.**  
**Max. Marks: 100**  
Theory Paper: 60  
Int. Assessment: 15  
Project Work: 25

#### Basics of NSS

##### **Unit I: Introduction and Basic Concepts of NSS**

- History and Philosophy & Definition of NSS
- Aims & Objectives of NSS
- Emblem, flag, Motto, Song, Badge, NSS day etc,
- Organizational structure (from national to regional level)
- Roles and responsibilities of various NSS functionaries

##### **Unit II : NSS Programmes and Activities**

- Concept of regular activities (one day camp), special seven day conduction camping, day and night camps and relevance of celebration of important days recognized by united nations, Centre, State Govt. & University
- Basis of adoption of village/slums, methodology of conduction survey
- Financial pattern of the scheme
- Coordination with different agencies
- Maintenance of the diary

##### **Unit III: Community Mobilization**

- Functioning of community stakeholders
- Designing the message in the context of the problem and the culture of the community
- Identifying methods of mobilization
- Youth-Adult partnership
- Concept of Community development

#### **Unit IV: Volunteerism and Shramdan**

- Indian tradition of volunteerism
- Value system of volunteerism
- Motivation and constraints of volunteerism
- Shramdan as a part of volunteerism, Role of NSS volunteers in Swatch Bharat Abhiyan
- Role of NSS volunteers in Digital India

**Project Work/Practical: The Project should be related from the above topics - 25 Marks**

**Note:**

The paper setter will set nine questions in all i.e. two questions from each of the Unit carrying 12 marks each and the ninth question containing six short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

### **NSS Syllabus for Pass Course Semester-II Paper NSS102**

**Time: 3 hrs.**  
**Max. Marks: 100**  
Theory Paper: 60  
Int. Assessment: 15  
Project Work: 25

#### **Planning and Social Justice**

##### **Unit I: Planning and Training programmes and other activities**

- Orientation for selected NSS volunteers and other YLTC programmes
- Training/Orientation for NSS programme officers
- Centre Govt., State Govt., university and colleges
- NSS regular and special camping programmes (pattern of Financial Expenditure)
- Social survey of seven days special camp

##### **Unit II : Concept of Society and Social Issues in India**

- Decline of value system
- Decline of family system
- Gender discrimination issues
- Regionalism in India
- Caste system in India

##### **Unit III: Indian Constitution and Social Justice**

- Sources of Indian Constitution
- Features of Indian Constitution
- The concept of Social Justice
- Features of Social Justice
- Fundamental Rights

##### **Unit IV: Social Harmony and National Integration**

- Indian history and culture
- Role of Youth in Peace-building and conflict resolution
- Role of youth in Nation-Building
- Youth development programmes at the National level, State level and voluntary sector
- Youth development programme at University level, college level and voluntary Sector (NGO)

**Project Work/Practical:**

**25 Marks**

**Conducting surveys on above topics and preparing a report thereof.**

**Note:**

The paper setter will set nine questions in all i.e. two questions from each of the Unit carrying 12 marks each and the ninth question containing six short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

**NSS Syllabus for Pass Course  
Semester-III  
Paper NSS201**

**Time: 3 hrs.**  
**Max. Marks: 100**  
Theory Paper: 60  
Int. Assessment: 15  
Project Work: 25

**Organization of NSS**

**Unit I: Organization and Administrative Arrangement**

- Administrative structure at national level
- Administrative structure at State level
- Administrative structure at University level
- Administrative structure at 10+2 level
- NSS Advisory Committee

**Unit II : Regular Activities of NSS**

- Adoption of villages/slums and contacting their leaders
- Survey of the village/slum area
- Completion of project
- Evaluation of the project and suggestions

**Unit III: Special Camp and their Planning**

- Organization of special camping programme
- Awareness programmes for empowerment of the status of women
- Education and recreation programmes
- Planning at the state level- Role of State Advisory Committee
- Planning at the University level, role of University Advisory Committee

#### **Unit IV: Health, Hygiene and Sanitation Programmes**

- Concept of hygiene and maintenance of hygiene
- Health and hygiene awareness programmes for community
- Provision of safe and clean drinking water for community needs
- Social service programmes for child welfare, physically and mentally challenged
- Education programmes: adult education, school drop outs and pre-school education.

#### **Project Work/Practical:**

**25 Marks**

**Conducting surveys on special themes and preparing a report thereof.**

#### **Note:**

**The paper setter will set nine questions in all i.e. two questions from each of the Unit carrying 12 marks each and the ninth question containing six short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.**

### **NSS Syllabus for Pass Course Semester-IV Paper NSS202**

**Time: 3 hrs.**  
**Max. Marks: 100**  
Theory Paper: 60  
Int. Assessment: 15  
Project Work: 25

#### **Disaster Management, Constitution and Rights**

##### **Unit I: Disaster Management: Concept and Definition**

- Understanding disasters meaning, nature, characteristics and types of disasters
- Causes and effects, Disaster: A Global view, Disaster Profile of India
- Geological and Mountain Area disaster: Earthquakes, Volcanic Eruption
- Landslides: Snow, Avalanches
- Wind and water related natural disasters: floods and flash floods, droughts, cyclones, tsunamis
- Man-made disasters: understanding man-made disasters, fires and forest fires, nuclear, biological and chemical disaster, road accidents
- Impact of disaster on environment: Types of pollution- Air, Water, Soil, Sound

##### **Unit II: Environmental Issues**

- Environment conservation, enrichment and sustainability
- Climate change, global efforts for environment conservation
- Conservation of natural resources (Rain water harnessing)
- Renewable sources of energy: Solar, Air, Water
- Waste land development, soil conservations and afforestation.

##### **Unit III: Preamble of Indian Constitution**

- Define the significance of the Preamble of the Indian Constitution

- Define the meaning of “secular and Socialist” as described in the Preamble
- Define the meaning of the “Sovereign, Democratic Republic” as mentioned in the Preamble.
- Objectives of the Constitution and purpose of the Preamble.

**Unit IV: Citizens duties, Human Rights consumer Rights**

- Fundamental rights of Indian Citizens
- Directive Principle of State Policy
- Fundamental Duties of the Indian Citizens
- Human Rights in India
- Consumer rights of Indian Citizens

**Project Work/Practical:**

**25 Marks**

**Workshops/seminars on personality development and improvement of communication skills.**

**Note:**

The paper setter will set nine questions in all i.e. two questions from each of the Unit carrying 12 marks each and the ninth question containing six short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

**NSS Syllabus for Pass Course  
Semester-V  
Paper NSS301**

**Time: 3 hrs.**  
**Max. Marks: 100**  
Theory Paper: 60  
Int. Assessment: 15  
Project Work: 25

**Health and Education Programmes**

**Unit I: First Aid programmes and Transportation of Casualties**

- Checking of Circulation of Blood, opening of air passage, checking of breathing, commencement of ERC, giving artificial respiration.
- Control of bleeding: Nose bleeding, Ear bleeding and management of different types of fractures.
- Burns and scalds: First aid in heart attack, stroke, fainting, poison, shock, dog and snake bite, diabetes and unconsciousness

**Unit II: Blood, Eyes, Organs and body donation awareness Programmes**

- Blood donation awareness programme
- Eye donation awareness programme
- Organs donation awareness programme
- Body donation awareness programme
- Self-awareness

**Unit III: AIDS/HIV/Stress management through group discussion**

- AIDS/HIV awareness programme
- Stress management programme



- Group discussion
- Value education
- Safety measures: General Discussion

**Unit IV: Awareness Programme in Community and Education Institutions**

- Awareness programme in community and education institutions
- Road safety programme
- Food safety programme
- Cyber safety programme
- Substrate abuse safety programme
- Drugs safety programme

**Project Work/Practical:**

**25 Marks**

The project should be related from the above topics.

**Note:**

The paper setter will set nine questions in all i.e. two questions from each of the Unit carrying 12 marks each and the ninth question containing six short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

**NSS Syllabus for Pass Course  
Semester-VI  
Paper NSS302**

**Time: 3 hrs.**  
**Max. Marks: 100**  
Theory Paper: 60  
Int. Assessment: 15  
Project Work: 25

**Research and Skill Development**

**Unit I: Documentation and Reporting**

- Survey of the village/slum area
- Collection of data
- Analysis of the data
- Preparation of documentation reports
- Dissemination of documents and report

**Unit II: Vocational skill development programmes**

- Vocation and training programmes
- Entrepreneurial skills: government, Self-employment
- Marketing of cottage products and outlets
- Micro financing with special reference to Self-Help groups
- Role of cottage industry in development process

**Unit III: Civil defence programme**

- Civil defence services: background and importance
- Civil defence management before during and after any disaster

- Civil defence awareness programme in school, college, university and community with practical exercise
- Pre-disaster: Educating the community
- Sensitizing Government servants during the disasters

#### **Unit IV: Cultural talent expression**

- Historical background of Haryana traditional culture and folk dance
- Tradition and life and folk dance
- One act play on social evils
- Haryanavi dance and songs

#### **Project Work/Practical:**

**25 Marks**

Each student will have the option to select two skill-areas out of the list of above topics based on the local conditions and opportunities, and will prepare a report based on field situation.

#### **Note:**

The paper setter will set nine questions in all i.e. two questions from each of the Unit carrying 12 marks each and the ninth question containing six short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

#### **References:**

1. National Service Scheme Manual (Revised) 2006, government of India, Ministry of Youth Affairs and Sports, New Delhi.
2. Rashtriya Seva Yojana Sankalpana- sankay chakane, Dr. Promad/Prabhakar, Diamond Publication, Pune.
3. National Service Scheme Manual for NSS District Coordinators, National Service Scheme Cell, Deptt. of Higher and Technical Education, Mantralaya.
4. Annual Report of National Service Scheme (NSS) published by Deptt. of Higher and Technical Educational, Mantralaya.
5. NSS Cell, Deptt. of Higher and Technical Education, Mantralaya, UTKARSHA- Socio and cultural guidelines.
6. Case material as a Training Aid for Field workers, Gurmeet Hans.
7. Social Service opportunities in hospital, Kapil K. Krishnan, TISS.
8. New Trends in NSS, Research papers published by University of Pune.
9. ANOOGUNJ Research Journal, published by NSS unit C.K. Thakur college.
10. Training Manual for field-work published by University of Pune.
11. Ghatole R.N. Rural Social Science and Community Development.
12. Purushottam Sheth, Shailja Mane, National Service Scheme.
13. Joinprogramme of National Service Science, University of Mumbai & DISHA DEESHIKHA Projects, Nair Hospital, 2011-12.
14. National Service Scheme in India: A case study of Karnataka, M.B. dishad, Trust Publications, 2001
15. <http://www.thebetterindia.com/140national-service-scheme-nss/>
16. <HTTP://en.wikipedia.org/wiki/national-service-scheme>
17. <http://nss.nic.in/adminstruct>
18. <http://nss.nic.in/propexpan>
19. <http://nss.nic.in>
20. <http://socialworkness.org/about/hmtl>